Welcome to the July edition of the Prosper newsletter, this month is a bumper edition to celebrate the Prosper Awards, held on the 22nd June at Chelmsford Race Course, to celebrate your achievements.

The Prosper Awards We received over 100 nominations for the 11 awards on offer, nominations were judged by an independent judging panel which included representatives from the CCG, Community Health providers, UCL Partners and Anglian Ruskin Health Partnership.

The Judges found it a real challenge making a decision in a number of categories and for this reason they also awarded a Highly Commended in addition to the overall winner, to recognise the great work being undertaken.

Nutrition, Hydration Award: A particularly tough category to judge as there have been so many amazing innovative ideas over the last two years, ranging from hydrating residents with Melon filled Jellies, to slogans and poems encouraging all to promote hydration. In Highly Commended we have Hatfield Peveral Lodge and Penny Pot. The winning home was Ghyll Grove Nursing Home.

Prosper Wins National Award!

We are very excited to announce Prosper won, yes WON! The National Patient Safety Award in the category; “Changing Culture to Improve Patient Safety”

“The judges were impressed with the authentic approach taken to the project which is visibly improving the lives of their patients. This is gold standard with huge potential for impact across the country.”

This is national recognition for all your hard work, well done to you all!
Prevention of UTI’s Award: Several homes really stood out to the judges in this category, with Mundy House and The Oaks recognised for their achievements and awarded the Highly Commended award. However the Home who shone in this area was The Lodge, who implemented a 5 day hydration observation chart for all new residents along with other initiatives. Winner!

Pressure Ulcer Prevention Award: Three homes really stood out for their collaborative working with Health Services, supporting residents and providing education to not just staff but also relatives of residents. Well done to St Joseph’s Nursing home and Canarvon Nursing Home with their highly commended. The Home that stood out the most to the judging panel and took the title of Winner went to Edensor.

Did you know?
The Prosper Team have all recently become Dementia Friends Champions and are offering to hold sessions, for staff, residents and relatives at your homes? To find out more or to book a session email: Prosper@essex.gov.uk

Useful Website
www.alzheimers.org.uk
www.dementiafriends.org.uk

New NICE Guidance Oral Health for Adults in Care Homes
www.nice.org.uk/guidance/ng48
Fall’s Prevention Award: Hatfield Peveral Lodge scooped the highly commended award for their work on analysis of falls data, looking at themes and trends & arranging for a local shoe shop to come & measure feet ensuring residents wore the correct size shoes. The winner however was Chalkney House for their innovative idea of personalising walking frames to support people living with Dementia to recognise their frames.

Innovation award. Congratulations to Tendring Meadows who picked up the Highly Commended for their communication board. The Juding panel were however bowled over by the efforts of one of the Prosper Champions, Ryan Wickes, who devised operation NUTI (No to UTI’s) and picked up the award for Boars Tye Residential Home.

Hydration Factsheet

To support your thirst for Hydration facts we have created a useful Hydration fact sheet.

Email: Prosper@essex.gov.uk for your copy or ask Karen & Clare when they visit
Culture is Key Award: The biggest success of Prosper to date has been the evidenced change in culture around resident safety. To recognise this, the judges awarded two highly commended, one to Highfield Nursing Home, who have created a staff suggestion box and on the spot debriefs and the second highly commended to Wensley House who have used Prosper as a way of relationship building amongst their staff.

The Winning home used Prosper not only to improve staff culture but also as a tool to develop staff and enable them to have a voice in the home, running a series of themed events. Well done to our winner Mundy House.

Useful tip!

Turn conflict into curiosity

Improvement guru’s say when confronted by conflict become curious and ask questions.

Why is there negativity to change? What is the thinking and perception behind conflict?

By doing this you are listening to what matters to the individual or group.

Getting to the root cause of conflict will help change culture.

The Health Foundation
www.health.org.uk
Collaboration Award: Prosper has helped to strengthen partnership working between care homes, health and social care. Two homes have shown real collaboration, both have worked with local and national initiatives and research, hosted education events and made links with CCG’s and health providers. The **Highly Commended** goes to **Penny Pot** Residential home and the **winner is Mamora Care Home** who developed the idea of Relay with Care joining care homes together.

Wackiest Idea Award: With so many great ideas the judges were looking for something a bit different in this award. **Highly commended** goes to **Frank foster** with their fiddle boards for DIY enthusiasts. The winning home has been shortlisted for national awards on hydration and held a truly Mad Hatters Tea Party with a melon Tea pot and Tomato cakes.

**Winners: Cunningham House**

Think Kidney Care Home Resources

Prosper has been working with NHS England on their Think Kidney resource pack for care homes.

Some of you may already have tested it at the Prosper Champion Study Days.

The pack includes a training kit which will take you through all you need to know about Acute Kidney Injury and how you can help identify vital signs.

Resources can be downloaded from the Think Kidney website

www.thinkkidneys.nhs.uk/aki/resources/care-homes/

We have a small number of Think Kidney Campaign posters, if you would like some email: Prosper@Essex.gov.uk
Prosper Leader Award: This award is to recognise the tremendous commitment made by individuals who have led Prosper in their homes. Our two highly commended awards go to Kauser Sadiq, Manager of Penny Pot and Paul Buckle, Manager of Cunningham House.

The Winner of the Prosper Leader Award went to Mike Richardson, Manager of Carnarvon Nursing Home in Clacton.

Prosper Home Award: The penultimate award, recognises homes where Prosper has been embraced by the whole staff group and really embedded in everyday practice. Once again we had 2 highly commended winners Carnarvon Nursing Home and Chalkney House. Just pipping them to the post to pick up the title of Prosper Home Winner went to Lal Mangalam and his team at Admirals Reach Nursing Home.

GERT suits coming soon!

The Prosper team have been funded by Health Education England to roll out a new innovative experiential learning session involving something called a GERT suit.

The GERT is an age simulation suit that gives the person wearing it the experience of the physical effects of aging; fatigue, stiffness of joints, eye conditions, muffled hearing and tinnitus.

Look out for details of when this experience will be coming to you.
Prosper Champion of Champions: Our final award was to recognise the champions of the project, those of you who everyday make a real difference to the lives of the people living in the home, going that extra mile to help prevent falls, pressure ulcers and UTI's. We were so proud to award a highly commended to Ryan Wicks at Boars Tye and Nanu Gurung from Hatherley for their amazing contributions, both have shown real dedication and are role models to others.

The Winner of Champion of Champions was awarded jointly to Paula Blundell and Leigh Howe at Cunningham House

Congratulations to all the winners and a huge thank you to everyone for all your efforts over the last two years and a special thank you to all those awarded today whose help has made the project the success it has become.