



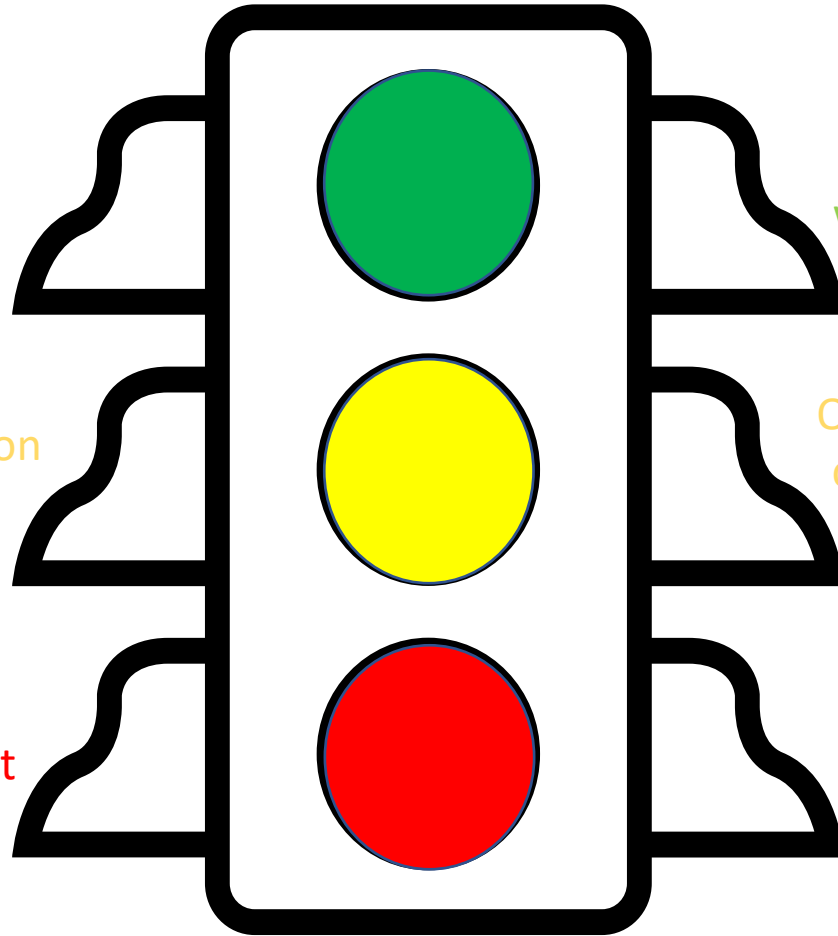
Nutrition

A balanced and healthy nutritious diet varies from person to person. Individuals eating the correct diet to suit their needs could help with long term illnesses such as diabetes and can also help prolong life.

Happy & Healthy

Prevention

Treatment



Don't get complaisant with Healthy Wellbeing

Otherwise you could end up here

When you're here Treatment is nearly always required

Hydration

Keeping our residents hydrated is the MOST important role within our job titles. Keeping residents hydrated will prevent illnesses such as UTI's, fatigue and more.