

## Burnout, Compassion Fatigue & Moral Injury Webinar

The COVID-19 pandemic has had lasting effects on many of us. Some of these may include compassion fatigue, burnout, and moral injury.

The Here For You team will be hosting an online webinar for staff members to discuss the similarities and differences between these concepts, how to identify them and how they can sometimes lead to the development of anxiety and depressive disorders. We will also explore ways in which to recognise when more help is needed and where to access this support.

**The webinar will include a presentation on Burnout, Compassion Fatigue and Moral Injury plus the opportunity to ask questions to our team on this topic.**

This interactive webinar is suitable for all staff members who either have an interest in these topics or may be wondering how to support others who may be experiencing these difficulties.

**Date: Monday 26<sup>th</sup> July 2021**

**Time: 10:30 – 12:00**

**Eventbrite link:**

<https://www.eventbrite.co.uk/e/here-for-you-burn-out-compassion-fatigue-and-moral-injury-webinar-tickets-162792648193>

Please contact Mags Aldridge [margaret.aldridge1@nhs.net](mailto:margaret.aldridge1@nhs.net) or Jenny Manfrinati [jenny.manfrinati1@nhs.net](mailto:jenny.manfrinati1@nhs.net) if you have any queries